



Heather Golding www.huulanaya.com

The Art of the Sexual Heart

July 17-18, 2010 9am-6pm Saturday & 9am-5pm Sunday

The “Art of the Sexual Heart” brings Tantra to its **full power of enhancing your personal and public life**. You will discover new ways to integrate consciousness, love and sex to create a full existence. With so many concerns swirling in daily life, what can you do now to successfully “shine” personally and professionally?

Growing a Tantra practice is the art of creating a loving new world. “The Art of the Sexual Heart” means merging the hidden world of energy with everyday life actions. You will learn to **infuse passionate spirit into relationship, work, health & much more**. Infusing your heart with sexual energy leads to a dramatic expansion of joy & excitement.

The “Art of the Sexual Heart” is for students interested in relationship, spirituality, sexuality, consciousness and energy. **It is for anyone interested in discovering new ways to love, work and be successful in transformational times**. This is an intermediate level personal development workshop that assumes participants have had some prior psychological and spiritual learning. Its purpose is to accelerate your growth in the most powerful ways possible.

The content aims to expand your Tantra practice, if you have one, while also being suited to begin a practice for those new to Tantra. **The course is a skilful blend of experiential learning, discussion, powerful techniques & meditation**. The workshop is guaranteed to be enjoyable & exciting, practical & profound.

Antoinette & Richard Asimus have coached thousands of people around the world to discover and embrace new ways to live with heart and passion. As long term intimate partners, they bring 42 years of relationship exploration and 12 years of daily Tantra practice to their work. Their website www.tantraheart.com was one of the first & remains one of the more frequently used Tantra websites on the internet. Before embarking on their mission to bring Tantra to the world, Antoinette was a hospital administrator & Richard was an organizational consultant.

Course Fee: \$250/person (\$450/couple) includes a healthy lunch both days

Venue: Tantra Heart Home Studio in Cincinnati, Ohio

To Register: Antoinette & Richard 513-931-3030

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www.tantraheart.com